



The S.A.L.T. *Communicator*

Seniors and Law Enforcement Together

Serving & Protecting Senior Citizens

March 2004

Coordinated by Milton Township Trustee Ken McNatt

Discounted Prescription Drugs Available to All Illinois Residents

Ken McNatt, Chairman of the S.A.L.T. Council was pleased to introduce Jennifer Henry from the Illinois Health Alliance (IHA) who presented at the January S.A.L.T. Council public meeting for seniors held at St. Daniels Church in Wheaton. McNatt stated, "We try to have the most current information available for our residents and allow them to make their own personal choice about services available."

Ms. Henry provided a great deal of information about the IHA and said their services are available for all residents of Illinois. Working in partnership with government and the private sector, IHA gives Illinois citizens access to the widest range of prescription drugs with simple, convenient online ordering through proven Canadian sources. IHA understands the high cost of obtaining prescription medication for people on fixed incomes. They search for ways to beat the high cost without compromising quality, safety or privacy.

IHA is an example of how a free market based, information driven organization working in the global economy can revolutionize the delivery of prescription medications at significant savings to



customers. They provide customer service, pharmacists, and a simple ordering system that make it very easy to get the prescription medications you need.

The process is very simple, safe and privacy is taken into consideration. Your current prescriptions from your physicians are submitted along with your medical history. You can order the maximum amount allowed by the law, which is a 90-day supply. Your physician can elect to allow three additional 90-day supply repeats on your prescription.

As part of the service, IHA completes a drug interaction review (DUR) to ensure that your prescription is safe to take with your other prescriptions and over the counter drugs.

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The purpose of Milton Township S.A.L.T. Council is to determine and to meet the needs of Senior Citizens by reducing crime and abuse and by enhancing safety through communication and education in cooperation with the Township, law enforcement agencies, and other community agencies and organizations.

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The service provides all the forms and paperwork necessary, as well as a list of frequently asked questions to inform you of the process and how the system works. The general information also explains why generic drugs are more readily available in Canada and explains the quality levels of Canadian drugs. ■



Learn more about the Illinois Health Alliance
Contact Toll Free
1-800-216-4913 or visit
www.illinoishealthalliance.com or www.ihb.bz

Note: The S.A.L.T. Council attempts to provide the most current programs available to seniors of Milton Township. As resources are found or introduced to the Council, they will be reported in the S.A.L.T. Communicator and at the Council meetings that are open to the public.

Come and join the S.A.L.T. Council to hear enlightening speakers and meet the Council members. Meetings are open to the public and held the second Monday of each month at 10 am, unless Monday is a holiday. Call Milton Township for the exact date, time and meeting location.

We encourage you to come, participate, provide feedback and/or submit articles if you have the inclination to write!
Contact Gail Hinkle or Ken McNatt at 630.668.1616.



Milton Township & Homeland Security

Submitted by Chris Heidorn, Supervisor Milton Township

ARE YOU PREPARED??

The best way each of us can help promote Homeland Security is to be prepared in our own homes. Are you ready to evacuate your home on a moment's notice? Can you survive without gas, electric, water and emergency services for at least three days? Do you know what to do and where to go in case disaster strikes? Don't be alarmed! If you answered "no" to any of these questions, we can help.

The Milton Township Citizen Corps is a group of volunteers who want to help you be prepared to help yourself in case of emergency. Call us and we will send you all the information you need to become self-reliant and better prepared to care for yourself and your loved ones in an emergency.

Want to help others? Volunteers are needed to fill the ranks of our Citizen Corps. All sorts of skills needed and appreciated. Free training.

Call 630.668.1616 or email us at
miltoncorps@aol.com.

Consider giving back to your community!

Seniors & Caregivers Fair Well Attended!

If you did not find time or mark your calendars for the very informative Seniors & Caregivers Fair, consider attending it later this year! Many booths representing a host of community organizations participated with a number of services, free information and materials for seniors, caregivers and the general public who attended this event. Local non-profit agencies, human service agencies, health care organizations and municipal services all give of their time for this very worthwhile community service to seniors.

The S.A.L.T. Council shared a booth with the Sheriff's Department who handed out hundreds of yard sticks while the S.A.L.T. Council handed



Thank you to our volunteers!

From left to right: Cpl. Wayne Howlett, Deputy Sharon Todd, Ken McNatt, Bill Mennell, Joe Vanest and Bill Parbs

out more than 500 free safety whistles and information on all the programs offered for Milton Township seniors.



Submitted by Dr. Jack Udelhofen

Our County is among the fastest growing in the nation and remains a very desirable place to live. One reason that government in DuPage works so well is because it is all about people helping people. Inquiries from citizens expressing concerns or seeking solutions to problems are a daily occurrence at the County complex and at other governmental offices on all levels throughout the County.

About DuPage is a reference guide, which contains the names, addresses and telephone numbers of your elected representatives on the municipal, township, county, state and national levels. The functions of various county government divisions are listed. The meeting days and times of the County Board and the various committees are shown, along with the functions of these committees.

There is a section of frequently asked questions included to aid you in finding the right person to assist you in expressing your concerns or in solving any problems. *Obtain your copy by visiting the office of DuPage County Clerk, Gary King at 421 N. County Farm Road, Wheaton, or call 630.682.7035. ■*

Get Your Free Copy of *About DuPage*!



Serving & Protecting Senior Citizens

S.A.L.T. Council Members

Ken J. McNatt, Chairman • Joe Vanest, Vice Chairman • Gail Hinkle, Social Services Coordinator
Carl Lofgren, Seniors Coordinator/Asst. to Assessor • Bill Parbs, Director of Communications

DuPage Sheriff's Office

Cpl. Jack Dellinger, DePuty Sheriff Liaison • Jim Hatcher, Director of Senior Services • Bill Mennell

Chief Greg Berk, Wheaton Fire Chief • Sue Davison, Medicare Advocate CDH
Chief Phillip DiMensa, Winfield Fire Dept. • Marcy Fairbank, Community Nursing Service
Jodie Hefler, Glen Ellyn, Senior Services • Rich Janske, Wheaton Police Dept.
Fire Chief Jerry Kleinwachter, Warrenville Fire Dist. • Debbie McKenzie, Glendale Heights Police Dept.
James Monson, Glen Ellyn Police Dept. • Clifford Mortenson, Wheaton Fire Dept.
Chief Douglas Riner, Winfield Police Dept. • Lt. Bill Rizer, Winfield Police Dept.

Citizen's Committee

Hector Fuster • Larry Gage • Sister Peg Ivers, St. Daniel the Prophet • William Krick
Rose Palma • Robin Pecak, Arden Courts • Jeanne Pitra • Horace Polglaze • Don Russell
Claude de St. Paer • Charles Schlabach • Barbara Smith • Jack Udelhofen

In Cooperation with DuPage Sheriff's Office – John Zaruba, Sheriff

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- ▶ Homeland Security
- ▶ Prescription Drugs

HOT Topics

1492 N. Main Street
Wheaton, IL 60187
www.twp.milton.il.us



PRST STD
U.S. POSTAGE
PAID
CAROL STREAM, IL
PERMIT NO. 475

BEWARE

of Scams

Be Careful!

National and local scams continue to bombard the news. It is imperative that you are very careful and watchful with what is occurring around you. Keep in mind the latest scams:

1) *New cell phones that take pictures*

These cell phones have the ability to take a picture of your credit card, which provides your name, number and expiration date. Identification theft is the fastest growing scam today.

2) *Three digit credit card scam*

A person calls indicating they are from the Security and Fraud Department of your credit card company. They explain that your card has been flagged for an unusual purchase pattern and they are calling to verify. Once you verify that the charge does NOT belong to you, they explain they will be issuing a credit to your account. They provide your address and then ask you for the three digit number on the back of your credit card for verification purposes. Upon ending the conversation they state if you have any questions to call back. By providing just this limited amount of information will automatically allow the caller to charge a purchase to your account.

Upon calling Visa/MasterCard they assured us they would never ask for any information on the card...they already know it! The local police have taken a number of reports related to this same experience. Do not give out any personal information over the telephone unless you know to whom you are speaking.

IDENTITY THEFT CONTINUES TO BE THE SINGLE MOST REPORTED SCAM ACROSS THE UNITED STATES. EVERY 76 SECONDS, SOMEONE'S IDENTITY IS STOLEN IN THE UNITED STATES. TELEPHONE SCAMS COST THE CONSUMER \$40 BILLION ANNUALLY.

Strangers at the Door: Home Repair Scams

Submitted by Joe Vanest, S.A.L.T. Council

Local law enforcement are reminding homeowners not to allow strangers in your home or even have conversations with unauthorized home repairmen who come to your door and request entry. A recent victim of this scam allowed two men into her home and fortunately only lost a wedding ring because she did not have any cash for them... but could have lost much more or her life.

The victim (age 73) reports her son had just left her home and a stranger knocked on her door saying he was there to repair her roof. She told him she had just had work done on it. He told her he had a \$50 refund for her but needed to come in and look at the living room ceiling and could she make change for a \$100 bill.

The stranger sent the woman off looking for a pail while he took her wedding ring and then was gone when she said she had no money. She did not discover the ring missing until he had left and she reported the incident to the police.

Do not open your door to strangers! Watch out this spring when many repair projects occur.



Submitted by Jim Hatcher

Multiple scams are reoccurring through DuPage County and Milton Township. Be safe rather than sorry.

Remember

- Do not allow strangers into your home
- Do not hire solicitors that just show up at your door
- Ask for identification verifying legitimate employment with company
- Call company to verify employee sent to home for reason stated
- If you feel afraid or intimidated by a stranger at your door, call 911 immediately
- Be alert for any suspicious people and/or vehicles
- Try to obtain any person or vehicle descriptions and license plate numbers involved in any suspicious activities

If you need home repairs, consider calling the DuPage County Senior Services Department, 630.682.7000, for a list of "Senior Friendly Businesses" that are recommended on their honest and fair treatment of seniors in our county.

National Pest Alert



As we prepare ourselves for spring and summer, it is important to consider the threat of mosquitoes. Enclosed you will find a flyer on the West Nile Virus which will provide important information on how you can minimize your risks. For most, the risk is low, 1% of people who are bitten develop symptoms of the disease. Individuals over 50 are more likely to develop serious symptoms. **For more information visit www.cdc.gov/westnile.**



Defensive Driving

We have all heard the phrase... "drive defensively" because you can't control what others do, you can only control your own behavior. This phrase could be a tag line for the class being offered on defensive driving by AARP. Erich Weber, AARP trained and certified defensive driving instructor, presented information on this very interesting and helpful 8-hour course available to all seniors. This course is offered throughout the Chicago area by as many as 20



Erich Weber, AARP Instructor

instructors. Taking this course may allow you to be eligible for a discount on your auto insurance for up to a three-year period.

This course offers an array of topics which include:

- Getting Started*** - course goals and objectives
- Judging Yourself*** - reaction time, tips
- Physical Changes*** - vision, hearing, medication
- Trouble Spots*** - blind spot, backing up, cell
- Road Rage*** - controlling driving
- Safety Considerations*** - crash protection, bus
- Drivers Guidance*** - signs, traffic signals
- Your Vehicle*** - buying a car for safety
- Intersections*** - right of ways, turns
- Freeway*** - entering/leaving freeway
- Retirement*** - why a friend should stop driving



For class time and locations call 1.888.227.7669 or Milton Township at 630.668.1616

